



# MAMFT Worksheet

## Master of Arts in Marriage and Family Therapy

**Requirements:** The Master of Arts in Marriage and Family Therapy requires 69 semester hours of required and elective courses, with a cumulative grade point average of 2.7. Students must complete 500 hours of marriage and family therapy with clients, of which at least 250 must have more than one other person in the room. All students are expected to receive psychotherapy during their program.

Indiana licensure laws for Licensed Marriage and Family Therapist and/or Licensed Mental Health Counselor require a two-year supervised clinical experience following graduation. A candidate for licensure cannot qualify to sit for the license exam without this experience.

The MAMFT is accredited by the Commission on Accreditation for Marriage and Family Therapy.

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### A. Studies in Theology

#### I. Theological Background (9 hours)

- BIBL-B501 Intro to Hebrew Bible or BIL-B502 Intro to New Testament (3 SH)
- THEO-T500 Introduction to Theology (3 SH)
- Any religion course including Yoga and Spirituality (3 SH)

#### II. Theology and Counseling (6 hours)

- COUN P-617 Integration of Self, Systems, and Spirit (3 SH)  
*And ONE of the following*
- MIN/COUN P-500 Introduction to Pastoral Care and Counseling (3 SH)
- COUN P-634: Theological Perspectives on Pastoral and Spiritual Care (3 SH)
- COUN P-638: Religion, Medicine and Pastoral Care (3 SH)
- COUN P-641: Spirituality and God-Images in Clinical and Cultural Context (3 SH)
- COUN P-651: Theodicy, Trauma and Grace (3 SH)
- AMERC-X730: Mountain Stories: Re-storying Spiritual Narratives (3 SH)
- Yoga and Spirituality Class (3 SH)
- \* COUN P-800, 801: Clinical Pastoral Education (6 SH) (COUN P-800 will count as one of these courses; COUN P-801 as elective or Practicum hours credit)

\* Students taking the CPE option must take COUN P-800, COUN P-801, COUN P-520, COUN P-531 & COUN P-637 before enrolling in COUN P-820 Practicum.



## B. Studies in Marriage and Family Therapy (54 hours)

Courses marked with an asterisk (\*) are prerequisites for practicum.

### I. Theoretical Foundations of Marital and Family Therapy (6 hours)

- \* COUN P-520 Introduction to Marriage and Family Therapy Theory (includes 25 hours of alternative clinical hours) (3 SH)
- COUN P-621 Integration of Marriage and Family Therapy Theory (concurrent with Practicum) (3 SH)

### II. Assessment and Treatment in Marital and Family Therapy (15 hours)

- \* COUN P-522 Introduction to Marriage and Family Therapy Practice (includes 25 hours of alternative clinical hours) (3 SH)
- \* COUN P-637 Psychopathology and Assessment (3 SH)
- COUN P-623 Couples Systems Theory (3 SH) (concurrent with Practicum)
- COUN P-745 Narrative and Collaborative Approaches to Therapy (3 SH)  
*And ONE of the following*
- COUN P-650 Treating Addictive Behavior (3 SH)
- COUN P-711 Children and Adolescents in Families (3 SH) (prerequisite P-520/522 and concurrent with Practicum)
- COUN P-712 Neuroscience Research in Human Development and Evidence Based Practice (3 SH)
- COUN P-774 Psychodynamic Family Therapy (3 SH) (concurrent with Practicum)
- COUN P-775 Short Term Family Therapy (3 SH) (concurrent with Practicum)

### III. Human Development and Family Studies (9 hours)

- \* COUN P-531 Personality, Human Development and Faith (3 SH)
- COUN P-619 Sexuality, Gender and Culture (3 SH)  
*And ONE of the following*
- COUN P-525 Aging and the Family (3 SH)
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- COUN P-646 Families and Larger Systems (3 SH)
- COUN P-711 Children and Adolescents in Families (3 SH) (prerequisite P-520/522 and concurrent with Practicum)
- COUN P-712 Neuroscience Research in Human Development and Evidence Based Practice (3 SH)

### IV. Ethical and Professional Studies (3 hours)

- COUN P-635 Ethical and Professional Issues in Clinical Practice (3 SH)

### V. Research (3 hours)

- COUN P-770 Basic Research Methodology (3 SH)

### VI. Supervised Clinical Practice (15 hours)

*Required: 500 client-contact hours, of which 250 hours must be marriage and family hours, plus 100 hours of individual and group supervision in practicum and at least 50 hours of that supervision will be based on direct observation, video tape or audio tape. 100 hours maybe completed as alternative hours prior to practicum as part of COUN P-820 and COUN P-822.*

- COUN P-820 Counseling Practicum I (3 SH)
- COUN P-821 Counseling Practicum I (3 SH)
- COUN P-822 Counseling Practicum I (3 SH)



- COUN P-823 Counseling Practicum II (3 SH)
- COUN P-824 Counseling Practicum II (3 SH)

### VII. Electives (3 hours)

- One course from any field (3 SH)

**General Electives Emphasis** – Students may select courses of their preference when options exist.

**Social Justice Electives Emphasis** – Students select the following courses: C course of their choice, COUN P-646 Families and Larger Systems and COUN P-711 Children and Adolescents in Families. In the second year of practicum, students will be placed in a community setting working with people marginalized by socioeconomic and cultural discourses.)

### VIII. Integrative and Competency Assessment

- X-999A Self, Systems and Spirit (0 hours)
- Portfolio of papers from COUN P-520, COUN P-621 and COUN P623 or COUN P-745 (0 hours)

### IX. Professional Formation and Mentoring

*Students will be assigned a faculty mentor who will mentor the student in niches of Family Therapy and professional development. In addition, all students will be assigned to an MFT student who will serve as a peer mentor. At the beginning of Practicum, MFT students will be assigned an MFT buddy who may or may not be the same person as the peer mentor.*

*Professional Formation Cohort Group—Culture (meets one hour weekly during semester)  
0 hours credit*

*Professional Formation Cohort Group--Gender/Sexual Orientation/Sexuality (meets one hour weekly during semester) 0 hours credit*

*Professional Formation Cohort Group—Spirituality (meets one hour weekly during semester)  
0 hours credit*

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## The Counseling Center

Christian Theological Seminary's Counseling Center provides quality care for clients, students, faculty and staff in a state-of-the-art facility located on the seminary campus. The facility includes:

- Twenty private counseling rooms
- Child and Play Therapy area
- Personal meditation area
- Viewing rooms for supervision
- Space for professional and academic conferences
- Full ADA compliance

### Personal Counseling

All students are expected to receive psychotherapy during their program. Weekly personal therapy is a prerequisite for practicum admission. Personal therapy with a gifted clinician assists student therapists in working through problem areas in their own lives that may adversely affect clients and their own participation in an emotionally challenging training program; it provides a unique training experience that helps students understand the process of exploring the depth and interrelationship of systemic and intrapsychic features of human life.



### **Postgraduate Residency in Supervised Counseling**

Indiana licensure laws for Licensed Marriage and Family Therapist and/or Licensed Mental Health Counselor require a two-year supervised clinical experience following graduation. A candidate for licensure cannot qualify to sit for the license exam without this experience. CTS offers a postgraduate residency aimed at meeting the state licensure requirements and helping the graduate establish a viable clinical practice. Applicants are accepted from CTS master programs and from academic programs at other approved universities and graduate schools.

