



# MDiv-MACMHC Worksheet

## Master of Divinity / Master of Arts in Clinical Mental Health Counseling

This joint degree program requires 111 semester hours and a cumulative grade point average of 2.7. Students in this degree program will meet educational requirements for ordination (from denominations requiring an MDiv degree).

Upon completion, this joint degree meets State of Indiana academic requirements for licensure as a Mental Health Counselor. The MACMHC degree portion is guided by CACREP standards and the professional orientation of the American Counseling Association (ACA). Students who take 1 unit of CPE during their degree will be eligible to apply for a CPE residency after graduation. Students will also, after completion of 3 additional units of CPE post-degree, that is, after a total of at least 4 units of CPE, meet requirements for Association of Professional Chaplains (APC) certification. Many chaplaincy positions, particularly in hospital settings, require both APC accreditation and ordination. While CTS makes every effort to be in compliance with the requirements of specific licensure boards (LMHC, LPC) and professional credentialing bodies (CACREP, APC), students must take individual responsibility for monitoring and meeting licensure and credentialing requirements that may change between admission and graduation and may vary from state to state. Students are responsible for such denominational requirements as are required for ordination.

### **Mission of the Master of Arts in Clinical Mental Health Counseling (MACMHC)**

The Master of Arts in Clinical Mental Health Counseling provides professional preparation for students from diverse backgrounds to practice counseling, care, and psychotherapy in a multicultural and pluralistic society. The MACMHC program's objectives are the development of a professional identity grounded in a variety of theoretical orientations, with an emphasis on relational and depth psychological perspectives; the integration of spiritual/theological and cultural reflection in line with CTS's commitment to social justice, diversity and advocacy; and the development of core counselor competencies.

### **Objectives of the Master of Arts in Clinical Mental Health Counseling (MACMHC)**

#### *Objective 1: Development of Professional Counseling Identity, Knowledge, and Skills Grounded in a Variety of Theoretical Orientations, with an Emphasis on Relational and Depth Psychological Perspectives*

The program enables students to develop their professional counseling identity, knowledge, and skills through self-reflective and professional experiences in the classroom, the counseling room, the space of supervision, and the community. Professional counseling identity, knowledge and skills are guided by core content areas and ethical standards of the counseling profession; grounded in a variety of theoretical orientations, with an emphasis on relational and depth psychological perspectives; and informed by current research, for instance, on mother-infant interaction, trauma and addiction related neuroscience, and counseling processes. Students will develop their professional identity, knowledge, and skills within the context of the larger mental health care landscape and through active engagement with the counseling profession and its organizations.

#### *Objective 2: Integration of Cultural and Spiritual/Theological Reflection*

Cultural and spiritual/theological reflection is part of all components of the program and expresses CTS's commitment to social justice, diversity, and advocacy. Students will become aware of how their own emotional, cognitive, sociocultural, and spiritual development shapes their own professional identity. Students will have skills for respectful and appreciative interaction with clients from diverse cultural and spiritual/theological backgrounds in clinical practice. Through a variety of experiences in the classroom, in supervised clinical work, and in the community, students will develop competence in the integration of cultural and



spiritual/theological reflection into clinical practice, demonstrated in a capstone presentation at the conclusion of the degree.

*Objective 3: Development of Clinical Mental Health Counselor Competencies*

Students will develop clinical mental health counselor competencies by applying theories and skills in clinical practice that support social justice and advocacy. The acquisition of clinical mental health counselor competencies will be assessed through studies in clinical mental health counseling over the span of the program, regular supervision evaluations in supervised clinical experience, and a final capstone presentation.

The time to complete the dual degree depends on the number of hours taken each semester. Students in the dual degree carrying a full-time load (18-30 credits per academic year) are able to complete the dual degree in 4-6 years. 4.5 years is considered the average timeframe of degree completion for the dual degree. The maximum timeframe for students in the dual degree is 9 years unless an exception for special circumstances is granted by the Academic Council.

\* = course is prerequisite for entering COUN-P820MH CMHC Practicum

\*\* = course may count only once in MACMHC degree (either B.II. or B.III.)

\*\*\* = course may count once both in MDiv and in MACMHC degree

## A. Studies in Theology

### **FORMATION IN MINISTRY (4SH)**

- \_\_\_ FORM-M501 Formation I Ministry One (must be taken first year) (1.5SH)
- \_\_\_ FORM-M502 Formation in Ministry Two (must be taken second year) (1.5SH)
- \_\_\_ FORM-M503 Formation in Ministry Three (must be taken third year) (1SH)

### **BIBLE (9SH)**

- \_\_\_ BIBL-B501 Introduction to the Hebrew Bible (must be taken first year) (3SH)
- \_\_\_ BIBL-B502 Introduction to the New Testament (must be taken first year) (3SH)
- \_\_\_ BIBL-Bxxx Exegesis elective

### **THEOLOGY (6SH)**

- \_\_\_ THEO-T500 Introduction to Theology (must be taken first year) (3SH)
- \_\_\_ THEO-T626 Systematic Theology (3SH)

### **HISTORY (6SH)**

- \_\_\_ HIST-H505 Christian Tradition and History (3SH)
- \_\_\_ HIST-H507 Christianity in Pluralistic America (3SH)

### **ETHICS (3SH)**

- \_\_\_ \* COUN P 635 Ethical and Professional Issues in Clinical Practice (3SH)\*\*\*

### **ARTS IN MINISTRIES (15SH)**

- \_\_\_ MIN/COUN-P500 Intro to Pastoral Care and Counseling (3SH)
- \_\_\_ MIN-M510 Worship and Liturgy (3SH)
- \_\_\_ MIN-M520 Intro to Preaching (3SH)
- \_\_\_ MIN-M530 Creative Contextual Leadership (3SH)
- \_\_\_ MIN-M540 Teaching and Learning in Community (3SH)

### **SUPERVISED MINISTRIES (2SH)**

*Students will serve in a one-year Supervised Ministry Internship. Ministry sites will include a range of opportunities- congregations, denomination and judicatory settings, and community agencies- and provide students with a breadth and depth of experience in the particularities of that ministry site and its context. Those pursuing ordination should consult their ordaining body to determine if additional years of Supervised Ministry are required.*

- \_\_\_ SMIN-500: Supervised Ministry One (1SH)
- \_\_\_ SMIN-501: Supervised Ministry Two (1SH)

**GENERAL MDIV ELECTIVES (27SH)**

- \_\_\_\_\_ \*COUN-P511 Counseling Skills and Helping Relationships (3SH)\*\*\*
- \_\_\_\_\_ \*COUN-P531 Human Growth and Development (3SH)\*\*\*
- \_\_\_\_\_ \*COUN-P632 Foundations and Contextual Dimensions of Mental Health Counseling (3SH)\*\*\*
- \_\_\_\_\_ COUN-P656 Social and Cultural Dimensions of Counseling (3SH)\*\*\*
- \_\_\_\_\_ COUN-P760 Group Counseling and Psychotherapy (3SH)\*\*\*
- \_\_\_\_\_ COUN-P641: Spirituality and God Images in Counseling and Culture (3SH)\*\* , \*\*\*
- \_\_\_\_\_ Or
- \_\_\_\_\_ COUN-P651 Theodicy, Trauma, and Grace (3SH)\*\* , \*\*\*
- \_\_\_\_\_ \_\_\_\_\_
- \_\_\_\_\_ \_\_\_\_\_
- \_\_\_\_\_ \_\_\_\_\_

*Students completing Clinical Pastoral Education (CPE) (COUN-P800 and COUN-P801) may apply the six credit hours in one of the following ways:*

- (a) 6 hours in the A. General MDiv Electives area;*
- or (b) 3 hours in the A. General MDiv Electives area and 3 hours in the B.II. Specialized Studies in Clinical Mental Health Counseling area;*
- or (c) 6 hours in the B.II. Specialized Studies in Clinical Mental Health Counseling area.*

*Students can complete the Yoga and Spirituality Certification offered by CTS as part of this dual degree by taking the three Yoga and Spirituality classes (COUN-P678, COUN-P688 and COUN-P698) either in the A. General MDiv Electives area and the B.II. Specialized Studies in Clinical Mental Health Counseling area.*

---

## B. Studies in Clinical Mental Health Counseling

**I. Core Studies in Clinical Mental Health Counseling (15SH – 18 SH counted in A.)**

- \_\_\_\_\_ \*COUN-P510 Theories of Counseling, Psychotherapy, and Personality (3SH)
- \_\_\_\_\_ \* COUN-P511 Counseling Skills and Helping Relationships (3SH)\*\*\*
- \_\_\_\_\_ \* COUN-P531 Human Growth and Development (3SH)\*\*\*
- \_\_\_\_\_ \* COUN-P512 Foundations and Contextual Dimensions of Mental Health Counseling (3SH)\*\*\*
- \_\_\_\_\_ \* COUN-P635 Ethical and Professional Issues in Clinical Practice\*\*\*
- \_\_\_\_\_ \* COUN-P637 Psychopathology and Assessment (3SH)
- \_\_\_\_\_ COUN-P639 Testing and Appraisal (3SH)
- \_\_\_\_\_ COUN-P656 Social and Cultural Dimensions of Counseling (3SH)\*\*\*
- \_\_\_\_\_ COUN-P675 Career Development and Counseling (3SH)
- \_\_\_\_\_ COUN-P760 Group Counseling and Psychotherapy (3SH)\*\*\*
- \_\_\_\_\_ COUN-P770 Research Methods (3SH)

**II. Specialized Studies in Clinical Mental Health Counseling (9SH)**

- \_\_\_\_\_ COUN P 630 Psychoanalytic Theory & Technique (3SH)

**And two electives from the following five areas:**

**social justice**, choose COUN-P619, COUN-P633, COUN-P638, COUN-P641, COUN-P650, or COUN-P651;

**psychodynamic**, choose COUN-P633, COUN-P640, COUN-P641, COUN-P644, COUN-P739;

**spiritually integrated counseling**, choose COUN-P633, COUN-P634, COUN-P638, COUN-P641, COUN-P644, COUN-P651, COUN-P739, or COUN-P800, 801)

**yoga and spirituality**, choose COUN-P678, COUN-P688 and COUN-P698 here and in A. MDiv General Electives to receive the Yoga and Spirituality certification

**couples, marriage, and family**, choose COUN-P520, COUN-P522, COUN-P525, COUN-P619, COUN-P623, COUN-P711, COUN-P774, or COUN-P775

COUN-P520: Introduction to Marriage & Family Therapy (3SH)

COUN-P522: Introduction to Marriage & Family Therapy Practice (3SH)



COUN-P525: Aging and the Family (3SH)  
COUN-P619: Sexuality, Gender and Culture (3SH)  
COUN-P623: Couples Systems Therapy (3SH)  
COUN-P633: Healing through Play and Ritual (3SH)  
COUN-P634: Theological Perspectives on Pastoral & Spiritual Care (3SH)  
COUN-P638: Religion, Medicine and Pastoral Care (3SH)  
COUN-P640: Transference and Countertransference (3SH)  
COUN-P641: Spirituality and God Images in Counseling and Culture (3SH)\*\*  
COUN-P644: Dreams and Discernment (3SH)  
COUN-P650: Treating Addictive Behaviors (3SH)  
COUN-P651: Theodicy, Trauma, and Grace (3SH)\*\*  
COUN-P678: Yoga and Spirituality (3SH), COUN-P688 & P698 for advanced courses  
COUN-P711: Children and Adolescents in Families (3SH)  
COUN-P739: Freud, Jung, and Religion (3SH)  
COUN-P774: Psychodynamic Family Therapy (3SH)  
COUN-P775: Short-term Family Therapy (3SH)  
COUN-P800, 801: Clinical Pastoral Education I (6SH) (Students electing COUN-P800, 801 must complete it before beginning COUN-P820MH Practicum.)

### **III. Integration of Spirituality and Clinical Mental Health Counseling (0SH – 3SH counted in A.)**

COUN-P641: Spirituality and God Images in Counseling and Culture (3SH)\*\*,\*\*  
Or  
COUN-P651 Theodicy, Trauma, and Grace (3SH)\*\*,\*\*

### **IV. Supervised Clinical Practice (15SH)**

**COUN-P820MH: CMHC Practicum (3SH)**  
**COUN-P821MH: CMHC Internship 1 (3SH)**  
**COUN-P822MH: CMHC Internship 2 (3SH)**  
**COUN-P823MH: CMHC Internship 3 (3SH)**  
**COUN-P824MH: CMHC Advanced Internship (3SH)**

**Supervised Clinical Experience Requirement:** complete 400 hours of direct service to clients of clinical mental health counseling, which includes a minimum of at least 10 hours group work, and receive at least 100 hours of individual and group supervision, with at least 50 hours of that supervision based on video tape, audio tape or direct observation.

Note: The 400 hours of direct client-contact hours correspond as follows to the 700 hours of supervised clinical experience requirement of Indiana State licensure for the LMHCA and LMHC, and to additional supervised clinical experience required in some states: the first 40 direct service hours to clients fulfill the 100 hour "practicum" on the licensure application and correspond to COUN-P820; the next 240 direct service hours to clients fulfill the 600 hour "internship" on the licensure application and correspond to COUN-P821, COUN-P822, COUN-P823; the last 120 direct service hours to clients fulfill 300 hours of "advanced internship" that are required in some states and correspond to COUN-P824.

### **V. Integration and Competency Assessment (0SH)**

**COUN-X9MH** "Self, Countertransference, and Spirit" culminating in a Capstone Presentation and a 12-15-page integration paper in preparation of the Capstone Presentation. Capstone is normally taken concurrent with COUN-P824 Advanced Internship. Students must have completed 300 hours of client contact hours prior to taking the Capstone. Course authorization is required.

### **Personal Counseling**

All students are expected to receive counseling during their program. Weekly personal counseling is a prerequisite for practicum admission. Personal counseling with a gifted clinician assists interns in working through problem areas in their own lives that may adversely affect clients and their own participation in an emotionally challenging training program; it provides a unique training experience that helps students understand the process of exploring the depth and interrelationship of intrapsychic and systemic features of human life.



Christian Theological Seminary's Counseling Center provides quality care for clients, students, faculty, and staff in a state-of-the-art facility located on the seminary campus. The facility includes:

- Twenty private counseling rooms
- Child and Play Therapy area
- Personal meditation area
- Viewing rooms for supervision
- Space for professional and academic conferences
- Full ADA compliance

*Last updated May 2020*

