



# MDiv-MACMHC Worksheet

## Master of Divinity / Master of Arts in Clinical Mental Health Counseling

This joint degree program requires 111 semester hours and a cumulative grade point average of 2.7. Students in this degree program will meet educational requirements for ordination (from denominations requiring an MDiv degree).

Upon completion, this joint degree meets State of Indiana academic requirements for licensure as a Mental Health Counselor. The MACMHC degree portion is guided by CACREP standards and the professional orientation of the American Counseling Association (ACA). An approved training program of the American Association of Pastoral Counselors (AAPC), the program also prepares students as pastoral counselors without requiring ordination. Students will also, after completion of a total of at least 4 units of CPE, meet requirements for Association of Professional Chaplains (APC) certification. Many chaplaincy positions, particularly in hospital settings, require both APC accreditation and ordination. While CTS makes every effort to be in compliance with the requirements of specific licensure boards (LMHC, LPC) and professional credentialing bodies (CACREP, AAPC, APC), students must take individual responsibility for monitoring and meeting licensure and credentialing requirements that may change between admission and graduation and may vary from state to state. Students are responsible for such denominational requirements as are required for ordination.

### **Mission of the Master of Arts in Clinical Mental Health Counseling (MACMHC)**

The Master of Arts in Clinical Mental Health Counseling provides professional preparation for students from diverse backgrounds to practice counseling, care, and psychotherapy in a multicultural and pluralistic society. The MACMHC program's objectives are the development of a professional identity grounded in a variety of theoretical orientations, with an emphasis on relational and depth psychological perspectives; the integration of spiritual/theological and cultural reflection in line with CTS's commitment to social justice, diversity and advocacy; and the development of core counselor competencies.

### **Objectives of the Master of Arts in Clinical Mental Health Counseling (MACMHC)**

*Objective 1: Development of Professional Counseling Identity, Knowledge, and Skills Grounded in a Variety of Theoretical Orientations, with an Emphasis on Relational and Depth Psychological Perspectives*

The program enables students to develop their professional counseling identity, knowledge, and skills through self-reflective and professional experiences in the classroom, the counseling room, the space of supervision, and the community. Professional counseling identity, knowledge and skills are guided by core content areas and ethical standards of the counseling profession; grounded in a variety of theoretical orientations, with an emphasis on relational and depth psychological perspectives; and informed by current research, for instance, on mother-infant interaction, neuroscience, and counseling processes. Students will develop their professional identity, knowledge and skills within the context of the larger mental health care landscape and through active engagement with the counseling profession and its organizations.



*Objective 2: Integration of Cultural and Spiritual/Theological Reflection*

Cultural and spiritual/theological reflection is part of all components of the program and expresses CTS’s commitment to social justice, diversity, advocacy and relational self-formation. Students will become aware of how their own emotional, cognitive, sociocultural, and spiritual development shapes their professional counseling identity. Students will have skills for respectful and appreciative interaction with clients from diverse cultural and spiritual/theological backgrounds in clinical practice. Through a variety of experiences in the classroom, in supervised clinical work, and in the community, students will develop competence in the integration of cultural and spiritual/theological reflection into clinical practice, demonstrated in a capstone presentation at the conclusion of the degree.

*Objective 3: Development of Clinical Mental Health Counselor Competencies*

Students will develop clinical mental health counselor competencies by applying theories and skills in clinical practice that support social justice and advocacy. The acquisition of clinical mental health counselor competencies will be assessed through studies in clinical mental health counseling over the span of the program, regular supervision evaluations in supervised clinical experience, and a final capstone presentation.

- \* = these courses are prerequisites for Practicum
- \*\* = course may count only once in MACMHC degree (either B.II. or C.)
- \*\*\* = course may count once both in MDiv and in MACMHC degree

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## A. Studies in Theology

### I. Gateway Courses (15 hours)

*To be taken in the first two years of a student’s M.Div. studies.*

- Gateway to Theological Education and Formation
- Gateway to the Practice of Interpreting the Bible
- Gateway to the Practice of Interpreting Christian Tradition
- Gateway to Theological Reflection
- Gateway to the Practice of Entrepreneurial Leadership

### II. The Practices (45 hours)

*Three courses for each practice, selected from designated course offerings.*

#### **INSPIRE: Worship, Preaching and Interpreting the Christian Faith (9 hours)**

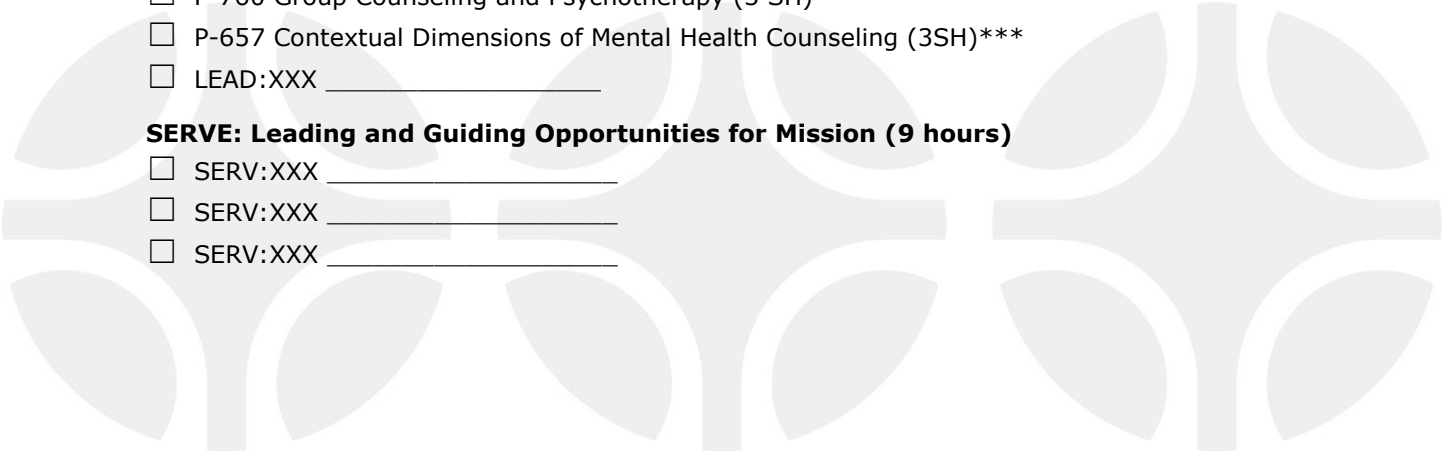
- INSP:XXX \_\_\_\_\_
- INSP:XXX \_\_\_\_\_
- INSP:XXX \_\_\_\_\_

#### **LEAD: Leading and Guiding Organizational Life (9 hours)**

- P-760 Group Counseling and Psychotherapy (3 SH)\*\*\*
- P-657 Contextual Dimensions of Mental Health Counseling (3SH)\*\*\*
- LEAD:XXX \_\_\_\_\_

#### **SERVE: Leading and Guiding Opportunities for Mission (9 hours)**

- SERV:XXX \_\_\_\_\_
- SERV:XXX \_\_\_\_\_
- SERV:XXX \_\_\_\_\_





**LOVE: Caring for the Community (9 hours)**

- \*P-511 Counseling Skills and Helping Relationships (3 SH)\*\*\*
- \*P-531 Human Growth and Development (3 SH)\*\*\*
- P-656 Social and Cultural Dimensions of Counseling (3 SH)\*\*\*

**LIVE: Living and Modeling a Life-Giving Faith (9 hours)**

- P-641 Spirituality and God Images in Counseling and Culture (3 SH)\*\*,\*\*
- or P-651 Theodicy, Trauma, and Grace (3 SH) \*\*,\*\*\*
- LIV:XXX \_\_\_\_\_
- LIV:XXX \_\_\_\_\_

*Students completing Clinical Pastoral Education (CPE) may apply the six credit hours in one of the following ways: (1) 3 hours in the LOVE practice area and 3 hours in the LIVE practice area; (b) 3 hours in either the LOVE or LIVE practice area and 3 hours in Other Course Offerings; or (3) all six hours in Other Course Offerings.*

**III. Other Course Offerings (9 hours)**

These credit hours may be selected from among those designated under The Practices or from other course offerings.

- Select one course from among those designated under The Practices (3 SH)  
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- Select two courses from the electives in B.II. below (6 SH)  
\_\_\_\_\_  
\_\_\_\_\_

**IV. Cohort learning (2 hours)**

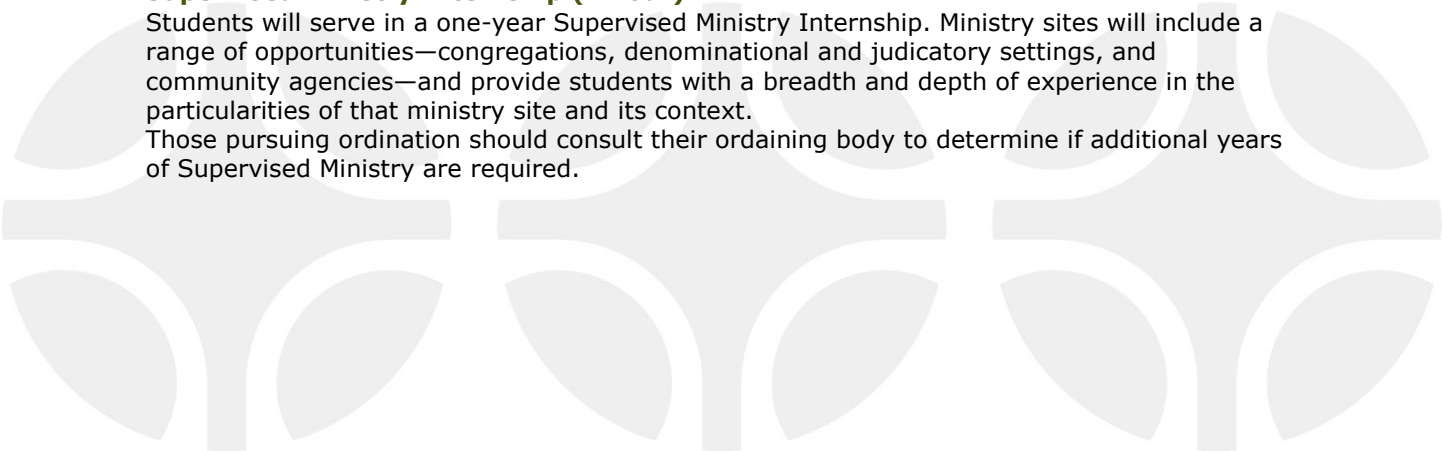
*Students will participate in a cohort group every semester at CTS.*

The focus of the cohorts is the development of the Master of Divinity assessment portfolio to include:

1. Spiritual biography/Vocational reflection A (first year) and B (third year)
2. Academic paper A and B (first year) and A1 and B1 (third year) – four total papers showing growth in two fields (history, bible, theology, ministry)
3. Ministry incident report (second year)
4. Video of homily or teaching opportunity with reflection from student (second or third year)

**Supervised Ministry Internship (1 hour)**

Students will serve in a one-year Supervised Ministry Internship. Ministry sites will include a range of opportunities—congregations, denominational and judicatory settings, and community agencies—and provide students with a breadth and depth of experience in the particularities of that ministry site and its context. Those pursuing ordination should consult their ordaining body to determine if additional years of Supervised Ministry are required.





## B. Studies in Clinical Mental Health Counseling

Courses marked with an asterisk (\*) are prerequisites for practicum.

### I. Core studies in Clinical Mental Health Counseling

- \*P-510: Theories of Counseling, Psychotherapy, and Personality (3 SH)
- \*P-511: Counseling Skills and Helping Relationships (3 SH)\*\*\*
- \*P-531: Human Growth and Development (3 SH)\*\*\*
- P-632: Foundations of Mental Health Counseling (3 SH)
- P-635: Ethical and Professional Issues in Clinical Practice (3 SH)
- \*P-637: Psychopathology and Assessment (3 SH)
- P-639: Testing and Appraisal (3 SH)
- P-656: Social and Cultural Dimensions of Mental Health Counseling (3 SH)
- P-657: Contextual Dimensions of Mental Health Counseling (3 SH)
- P-675: Career Development and Counseling (3 SH)
- P-760: Group Counseling and Psychotherapy (3 SH)
- P-770: Research Methods (3 SH)

### II. Specialized Studies in Clinical Mental Health Counseling

- P-630: Psychoanalytic Theory & Technique (3 SH)  
*TWO electives from the following four focus areas:*
  - 1. Social justice**, choose P-619, P-633, P-638, P-641, P-650, or P-651;
  - 2. Psychodynamic**, choose P-633, P-640, P-641, P-644, or P-739;
  - 3. Spiritual integrated counseling**, choose P-633, P-634, P-638, P-641, P-644, P-651, P-739, or P-800, 801;
  - 4. Couples, marriage and family**, choose P-520, P-522, P-525, P-619, P-623, P-711, P-774, or P-775
- P-520: Introduction to Marriage & Family Therapy (3 SH)
- P-522: Introduction to Marriage & Family Therapy Practice (3 SH)
- P-525: Aging and the Family (3 SH)
- P-619: Sexuality, Gender and Culture (3 SH)
- P-623: Couples Systems Therapy (3 SH)
- P-633: History of Healing (3 SH)
- P-634: Theological Perspectives on Pastoral & Spiritual Care (3 SH)
- P-638: Religion, Medicine and Pastoral Care (3 SH)
- P-640: Transference and Countertransference (3 SH)
- P-641: Spirituality and God Images in Counseling and Culture (3 SH)\*\*
- P-644: Dreams and Discernment (3 SH)
- P-650: Treating Addictive Behaviors (3 SH)
- P-651: Theodicy, Trauma, and Grace (3SH)\*\*
- P-711: Children and Adolescents in Families (3 SH)
- P-739: Freud, Jung and Religion (3 SH)
- P-774: Psychodynamic Family Therapy (3 SH)
- P-775: Short-term Family Therapy (3SH)
- P-800, 801: Clinical Pastoral Education I (6 SH) (Students electing P-800, 801 must complete it before beginning P-820 Practicum.)



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## C. Integration of Spirituality and Clinical Mental Health Counseling

- P-641: Spirituality and God Images in Counseling and Culture (3 SH)\*\*,\*\* or P-651 Theodicy, Trauma, and Grace (3 SH)\*\*,\*\* - 3 counted in A.II. = 0 SH

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## D. Supervised Clinical Practice (15 hours)

- COUN P-820MH: CMHC Practicum (3 SH)
- COUN P-821MH: CMHC Internship 1 (3 SH)
- COUN P-822MH: CMHC Internship 2 (3 SH)
- COUN P-823MH: CMHC Internship 3 (3 SH)
- COUN P-824MH: CMHC Advanced Internship (3 SH)

**Supervised Clinical Experience Requirement:** complete 400 hours of direct service to clients of clinical mental health counseling, which includes a minimum of at least 10 hours group work, and receive at least 100 hours of individual and group supervision, with at least 50 hours of that supervision based on video tape, audio tape or direct observation.

Note: The 400 hours of direct client-contact hours fulfil the 1,000 hours of supervised clinical experience requirement of Indiana State licensure for the LMHCA and LMHC and fall into three portions: the first 40 direct service hours to clients fulfill the 100 hour "practicum" on the licensure application and correspond to COUN P-820; the next 240 direct service to clients fulfill the 600 hour "internship" on the licensure application and correspond to COUN P-821, COUN P-822, COUN P-823, the last 120 direct service hours to clients fulfill the 300 hour "advanced internship" on the licensure application and correspond to COUN P-824.

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## E. Integration and Competency Assessment (0 SH)

- COUN X9MH "Self, Countertransference, and Spirit" culminating in a Capstone Presentation and a 12-15 page integration paper in preparation of the Capstone Presentation.

**Requirements for Capstone** – *Capstone is normally taken concurrent with COUN P-824 Advanced Internship. Students must have completed 280 hours of client contact hours prior to taking the Capstone. Course authorization is required.*





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## Personal Counseling

All students are expected to receive psychotherapy during their program. Weekly personal therapy is a prerequisite for practicum admission. Personal therapy with a gifted clinician assists student therapists in working through problem areas in their own lives that may adversely affect clients and their own participation in an emotionally challenging training program; it provides a unique training experience that helps students understand the process of exploring the depth and interrelationship of intrapsychic and systemic features of human life.

- Twenty private counseling rooms
- Child and Play Therapy area
- Personal meditation area
- Viewing rooms for supervision
- Space for professional and academic conferences
- Full ADA compliance

