P-644 Pastoral Theology and Psychology
Summer 1999

Tuesday, Thursday, Friday, 9am-noon
(See exceptions, below)

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- Purpose:

Dreams will be considered phenomenologically, from the standpoint of body, psyche, soul and spirit. Psyche is here understood as the dialogue of body and mind, including thought, memory, sensation and affect. Soul is understood as the dialogue of body and spirit, with spirit as the participation of all life in God's unfolding creation and soul being the unique expression of that life in the lives of particular individuals. Dreams participate in all these ways of knowing and offer a means of bringing to light what might otherwise remain unknown, thereby leading us towards greater wholeness. Wholeness in turn affords the courage and vitality required to fully investing our God-given talents.

Spiritually, dreams are valuable as a means of discernment, God's "forgotten language" to us, in the words of John Sanford (1968). (See Savary, p.236 for a partial listing of biblical dreams and visions). Psychologically, dreams offer a means by which unconscious conflicts may be resolved and repressed memories healed. Dreams are a gift to be gratefully received. The purpose of this course is to give dreams the attention they deserve.

Readings:

Required texts:


Suggested/Presentation texts: (A complete bibliography to follow)

Requirements and Evaluation:

1) Faithful attendance, attention to readings, participation in class: 10%

Please come to class prepared to discuss the readings and listen receptively to others. Evidence of preparation, willingness to express one's views and be curious and attentive in listening to others will reflect positively on this portion of your evaluation. Unexcused absences or more than two absences will reflect negatively (credit cannot normally be given after three absences).

2. Presentation - One or two presenters per meeting: 25%

This includes:

- 1) a one-page summary of a book or article on the topic of the day,

- 2) A one-page annotated bibliography (extra credit)

- Please bring copies of the summary and bibliography to distribute one session BEFORE the day you are to present,

- 3) a brief (10 minute) presentation on the topic to begin class discussion. Your choice of presentation reading will be announced to the class at least two sessions prior to the presentation. You are welcome to supply your own presentation reading, related to the session topic, but in this case please supply two library reserve copies with at least two sessions’ lead time.

You will be evaluated on the accuracy and succinctness of your summary, the usefulness and variety of your bibliography and your ability to engage the group in discussion of your topic.


- To prepare for this task, use the following dream techniques (= DT’s) from the Savary book:

  DT #1, p.21 The Dream Report, and as an overview:

  DT #12, p.104 Keeping a Dream Journal

- Include, with each dream you submit, the following:

  DT #2, p.22 Title, Theme, Affect, Question

  DT #10, p.79 Symbol Association

  DT #9, p.78 Symbol Amplification
You will be evaluated on your ability to thoughtfully apply the above methods to your dream work. The emphasis here is on quality of reflection, not quantity of material. I will look for a balance of symbol association and symbol amplification.

4. **Dream Technique or Dream Drama: 20% - One or two presenters per meeting.**

   - Choose a dream technique other than the ones listed above (from Savary or another source) to present to the class. This should be a creative, experiential exercise emphasizing right brain cognition. Possibilities include art, music, movement, dramatic dialogue, etc.

   - Direct a dream drama following Rusty Moe's presentation on 6/8. You may cast as many participants as you wish, leaving the instructor and at least one student as observers. (con't)

   You will be evaluated on the creativity of your presentation, your ability to engage the group and the quality of your own reflection on the dream material.

5. **Essay on Dreams: 25% - 5-7 pages due 6/25.**

The purpose of this essay is to summarize what you have learned in course. The essay should include references to course material that demonstrate your reflective use of the material. It should also include reference to your own subjective experience and thoughts on the subject of dreams.

You will be evaluated on the quality and accuracy of your references to course material and on your ability subjectively and reflectively to engage what you have learned in the context of this course.

**Please note:** All written assignments are to be typewritten, double-spaced, 12 point. Use APA style for references. Final evaluation forms will be distributed on 6/29 for use in future course planning.

Class process:

In general, there will be three 50-minute sessions with two 10-minute breaks. This structure will be modified on the days when we have guest speakers.

1. 9:00 - 9:50: This will normally consist of a lecture by the instructor giving an overview of the focus topics for that session.

2) 10:00 - 10:50: Student presentations.

3) 11:00 - 11:50: Experiential learning - Video, dream exercise or presentation by a guest speaker.
COURSE OUTLINE

Meeting #1 - T 6/1 - Introduction to course material and each other.

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Part One: Discernment through Dreaming

Meeting #2 - TH 6/3 - God speaks through our souls - dreams and spirituality

Required reading: Savary, part one

Presentation readings:

Sanford (1978) - Understanding our Dreams
Edinger (1986) - Jacob and Essau
Broadribb (1990) - Dreams can Heal the Soul

Meeting #3 - F 6/4 - God speaks through our psyche - dreams and self-analysis

Required reading: Savary, part two

Presentation readings:

Parker (1993) - Healing with Dreams
Delaney, ed. (1993) - Dream Translation
Bonime (1962) - "A Dynamic Concept of the Dream"

Meeting #4 - T 6/8 - God speaks through our bodies - introduction to psychodrama

Required reading: Savary, part three

Presentation readings: (One only)

Born (1991) - Gestalt, Body Techniques, Dream Theater
Shafton (1995) - REM
" " - Gestalt
Guest presenter: Rusty Moe, Gestalt Therapist

- Part Two: Psychodynamic Approaches to Dreams

Meeting #5 - TH 6/10 - Freud

Required reading: Freud, On Dreams

Presentation readings:

Born (1991) - Freud

Rycroft (1979) - Freud's Theory of Dreams

Shafton (1995) - Freud

Meeting #6 - F 6/11 - Piaget

Required reading: Piaget, Play, Dreams and Imitation, part 2/ch.7

Presentation readings:

Furth (1969) - Piaget and Knowledge, ch.5, "Symbolic Behavior"

Winnicott (1989) - "The Squiggle Game"

Fordham (1994) - "Dreams"

Meeting #7 - T 6/15 - Contemporary theorists

Required reading:

Blanck and Blanck (1974) - Use of the Dream in Psychotherapy

Bonime (1991) - Dreams, Insight and Functional Change

Presentation readings:
Part Three: Jungian Understandings of Dreams

Meeting #8 - W 6/16 - An introduction to Jungian Dream Interpretation

Required reading: Jung, MDR, ch. 1-3

Presentation readings: TBA - one only

Ulanov (in R. Moore, Ed.) (1988) - "The Self as Other (con't)
Maidenbaum (in Langs, Ed.) (1998) - "Dreams & other aspects"

Guest presenter: Gary Sparks, Jungian Analyst

Dream Journal due 6/16.

Meeting #9 - T 6/22 - Jung’s use of dream work

Required reading: Jung, MDR, ch. 4-6

Presentation readings:

Born (1991) - Jung
Delaney, ed. (1993) - A Jungian Approach (Beebe)
Shafton (1995) - Jung

Meeting #10 - Th 6/24 - Contemporary theorists
Required reading: Hall, *Jungian Dream Interpretation*

Presentation readings:

Broadribb (1990) - “Sex in Dreams”

Von Franz (1974) - “Shadow and Fairy Tale”

Gibson (1996) - “Incest and Imagination”

- Part Four: Dreams and Culture

Meeting #11 - F 6/25 - Dreaming in traditional societies: Shamanism and healing

Required reading: Irwin (1994), esp. chapters 2, 8 and 10

Presentation readings:

Meier (1989) - ch.5 - Incubation Rituals

Born (1991) - ch. 2 - The Senoi Approach to Dreams

Kalweit (1988) - ch. 11 - Sacred Weddings, Dream Sexuality

Essay on Dreams due 6/25

- Meeting #12 - T 6/29 - Cultural uses of symbols in our times:

Visual arts, including film and media, as cultural dreaming.

Required reading: Cassirer (1946), esp. ch.1 and 6

Presentation readings:

Irwin (1994), ch.1 - Culture, Dreams and Theory

Hunt (1989), ch.10 - Freud, Jung and Culture Pattern Dreams

Optional final meeting for fellowship and further conversation - TBA